

# BARBARIX

Barbaric gym offers one of the best environments to succeed in a gym. We take care of any personal fitness goals that you may have, including weight and strength gain, weight loss, fat loss and cardio-vascular improvement The idea of opening this wonderful gym came to us when we were not satisfied with the services of our local gym. Why settle for mediocre? Barbarix offers the best and most up-so-date equipment any gym can offer for almost any machine available in the fitness industry.

## **Our Programs**

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At barbarix gym we offer different exercise programs for our clients' needs. We have the weight loss program that makes you leaner and healthier. The mass gain program permits you to gain the amount of muscle that you desire.We also offer conditioning programs for your cardiovascular health. To top it all, we offer meal plans to match your workouts with out trainers.

### **Our Trainers**

Our trainers are all certified with all the qualifications necessary for you to reach all of your fitness goals. All of our trainers have years of experience in the field and would know how to handle all of your health and fitness needs. They can adjust according to your needs and would love nothing but to help you.



#### **Our Packages**

We have three different packages for all of your health and fitness needs. These range from \$200-\$450 a year a year. These packages include access to some of our services, test kits of supplements, use of exclusive zones and others. We make packages for every type of athlete. We offer exclusive deals for students and the elderly.

# **Our Services**

Here at Barbarix gym we offer different services to cater to our clients needs. First we have a swimming pool. The pool offers enough space to fit most swimmers during our hours and is located next to a jacuzzi. We also offer a supplement store that has every supplement that you need. And we offer physiotherapy with therapists that specializes in different fields of physical therapy.

#### Address:

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