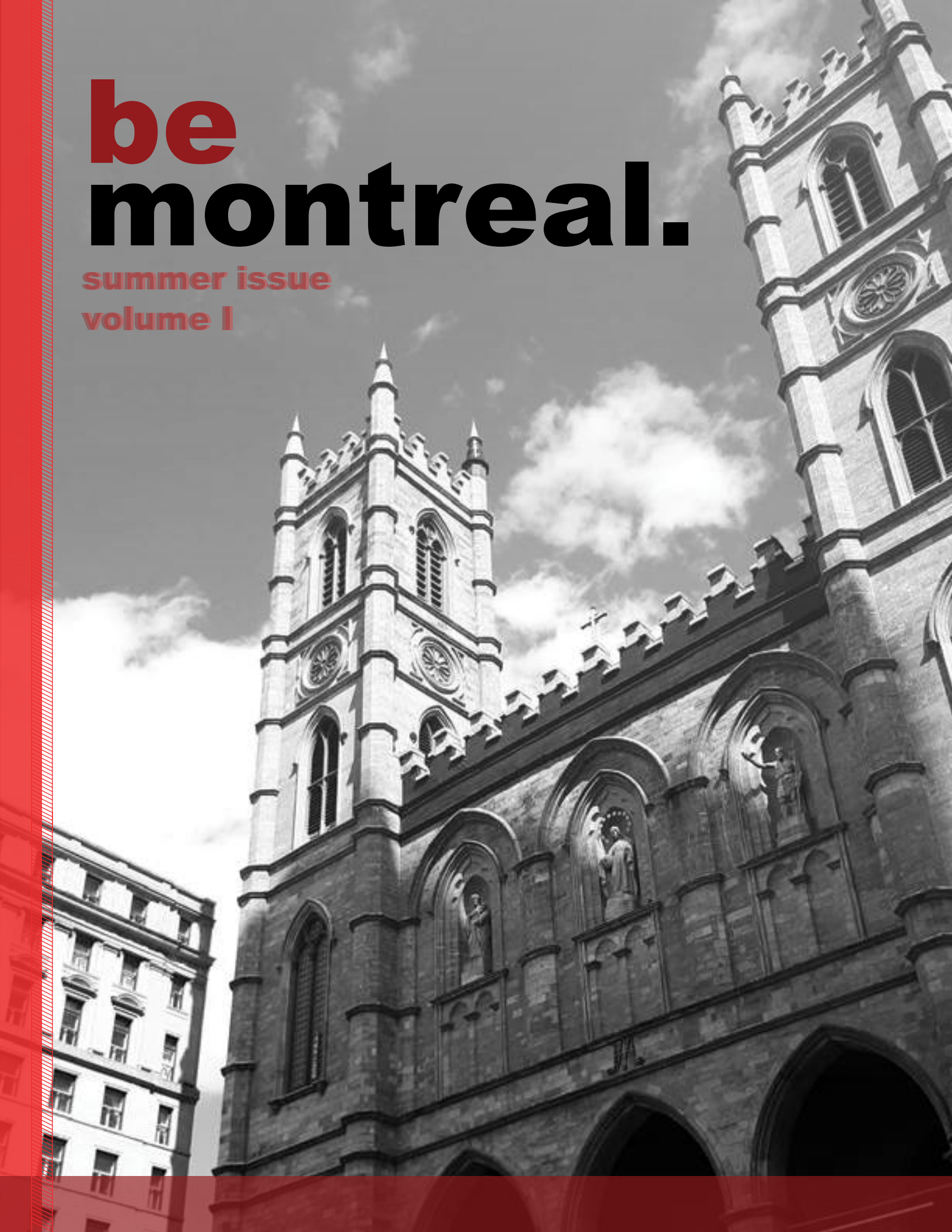


be montreal.

summer issue
volume I



editor's letter.

My name is Isabelle Rochette and I am the editor-in-chief of *be montreal*. I am so excited to finally be releasing our first issue. The whole team has been working extremely hard to create a full packed issue with many insiders, tips, interviews and more. I have had this idea for many years now and to see it come to life has been one of my biggest dreams. The whole team and I are really looking forward to sharing it all with you all.

Montreal is such a beautiful city and that is why I have dedicated my life to creating these four yearly issues. Four seasons in Montreal, means a variety of events for the young adults and adults coming into the city, or even for our own Montrealers. We want to share the essence of the Montreal scene with our readers. We start off with the delicious variety and culture of the food in our city. We have highlighted specific restaurants that you should check out to get the full experience of our gastronomic city.

As well, we have chosen some specific restaurants to check out that highlight the specific season. Then we move on to our world-renowned events happening throughout each season. Igloo Fest, Nuit Blanche, Osheaga and Ile Soniq, are only a handful of the ones we bring into the city. We hope to create the feeling of each of these events into the magazine and encourage you to open yourself up to them. These events are what all of our Montrealer's and visitors coming into the city should be looking forward too.



We are so incredibly lucky to have a city as unique as this one, with such rich culture. There is constantly something to be looking forward too and to learn about. Besides the food and events, we also share with you other aspects of what makes Montreal what it is. So much of our art, our museums, and our shopping are a part of who we are. Montreal has so much history, and there is something to learn about at almost every street corner. We have an abundance of unique shops and some amazing art on display.

There is no other city like Montreal. You can discover it by foot, walking through each area at any time of the day. Montreal is a very safe city to browse around at all hours compared to a lot of other big cities! We hope to share this love we have for our city with all of our readers and make you all fall in love with it just as much we have. Now it's your turn to read through and learn more about our culture through each flip of the page.

Bon séjour!

Isabelle Rochette



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the team.

Isabelle Rochette



Isabelle Rochette is a passionate and hard working artist, who uses her writing skills to bring attention to important situations occurring around the world. Her unique artistry has brought her on many life experiences and adventures, which is what inspires her writing. She discovered her love for writing at the shy age of 18, in her first creative writing class in college. It was then when she found so much freedom in the flow of her writing. She was able to discover a new world, and it became quite therapeutical for her over the years when she was going through a hard time.

She writes to share with her community everything she has learnt over the years. She was heavily involved in the artistic and commercial industry for a number of years which took quite a toll on her. It was then that Isabelle decided writing was the path for her, and began to write full time. She started with the purpose to inform and educate those around her of what she had gone through and what life has taught her through her tough times. Rochette hopes to inspire all of those around her and share life experiences while creating a sense of community. Isabelle says it is while sharing your experiences with other people that makes them more willing to let their guard down and create a sense community. Isabelle Rochette has really made a name for herself in the writing industry for being very genuine and honest in her writing. She hopes she can continue to educate and inspire those around her for a long time ahead.

Rachel Dallaire

Rachel Dallaire is an aspiring artist who hopes to become a graphic designer in the near future. She has been studying in Graphic and Web design program at John Abbott College for two years now and is pursuing her career after she graduates. She decided to join this department after her aunt introduced her work to Dallaire in Las Vegas. At first, she had not a clear idea of what she wanted to do in the work department but after seeing the work her aunt was completing for various companies such as Wynn, Cirque du Soleil, etc. she knew she wanted to take part in this work. Dallaire always knew she liked editing photographs and turning raw images into a creative project but did not believe her hobby could turn into a job. However, this became her lifework. The program she is taking part in right now included a full package of Publication and Web design, branding, photography and Photoshop. This is when she also discovered her love for photography. Photography became part of her as a person, it was a way for her to appreciate and capture the inner beauty of life and people, even when the reality isn't so nice. In addition, it was also a way for her to see the world in multiple different perspectives. She developed this love more and more after meeting a few professional photographers. Rachel hopes to follow this path after she graduates and make it a side job while she is in university. After university is when she will begin her journey in the Graphic Design department and is also when she will have a clear image of what she wants to specialize in.



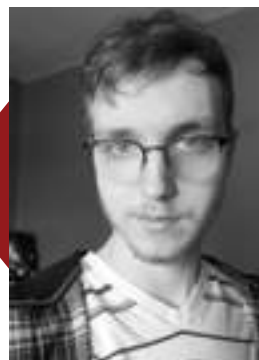


Nathaniel Cozier

My name is Nathaniel Cozier-Weismuller, I am a young adult of 21 years old who was born on February 27th 1998 in Pointe-Claire, Montreal. I was born in the middle class with two amazing parents, Marcus Weismuller & Deirdre Cozier. I went to grade school and high school in pointe-claire with generally all my friends. As a kid I was really into art, whether it was drawing anime, cartoons or just general doodles - I loved it all. When I would go to work with my dad at a young age we would be driving downtown and I would be admiring all the graffiti and street art that Montreal has since its such a rich city of art. I instantly fell in love with it. So progressing in age around the age of 10 I finally started to write graffiti and it opened up a complete new world and sub-culture that I had no idea existed and I instantly got addicted to the game. Just being able to create a masterpiece of art with just using a word and cartoons amazed me and I loved how the way letters worked together and how they could be used differently to be able to create that word in a form of art. With this background in graffiti, he needed to find another way to express his love for the art form - so he began to blog the Montreal graffiti culture, writing amazing pieces of work supporting all types of street artist and events from around the city. With his choice of words and networking he was able to build this blog quite large which gained some traction from mural fest who he then wrote some articles for them. With his extensive knowledge in street art culture I am sure Nathaniel would be a great part of your team.

Malcolm Graham

Let's rewind for a bit and go back to the year of 2000. On the first of May, a baby boy was born in Quebec, and he would be known as Malcolm Graham. Most of his life growing up went exactly how you'd expect, raised by a happy family, watched an unhealthy amount of shows about cool ninja turtles, and even went through that brooding teenage phase. We've all been there. All throughout his life so far, Malcolm was never really sure what he wanted to do with his future. He had built a habit of finding something new to pursue and occupy himself with, only to drop it entirely a week later. Constantly starting projects and trying new things, but never really finishing his projects or following through with his ideas for very long. It wasn't until the year of 2017, when inspiration struck. Before that moment, no one could say for sure what his talents were. Nothing about him ever really stuck out, he was a jack of all trades. That all changed when Malcolm found out that he could be a writer. All that time he thought he wasted on odd projects and hobbies that never went anywhere, he realized he could use those experiences to his benefit in writing. After that moment, Malcolm began his pursuit in writing. Except instead of finding something new like he had done countless times before, he finally found something he could stick with. That kid named Malcolm is me, and I believe that I would be an excellent fit as a writer for this magazine.



the team.

Natalie Davis

From an early age, Natalie was an avid reader. When she was 8 years old, Natalie won a prize at her local library for the number of books she'd borrowed the previous month - a competition aimed at encouraging more reading. Little did they know that Natalie needed no encouragement. Her love of reading naturally led to her love of writing. One of her first publications was a family newsletter. As the youngest of four children in an active family that travelled extensively, Natalie made sure everyone in the family knew what was going on. At college, Natalie was in the Creative Arts, Literature and Languages program, frequently on the Dean's List and graduated with honours. When she had to stop her studies at McGill in Art History due to personal reasons, Natalie turned to writing to keep her creative juices flowing. She started a blog that grew a modest following of loyal readers who turned to her for her honest thoughts, with a dash of humour on the side. Through this experience, she was able to write for publications such as Fashion Magazine and Vogue. Writing a blog and learning how to have an online presence - not to mention figuring out how to run a website - means that she's not only familiar with how to write, she's also well versed in web design, SEO, and graphics best practices, which makes her a desirable candidate. After all, everyone needs a Natalie-of-all-trades.



40

YEARS

SINCE 1979



art & culture.



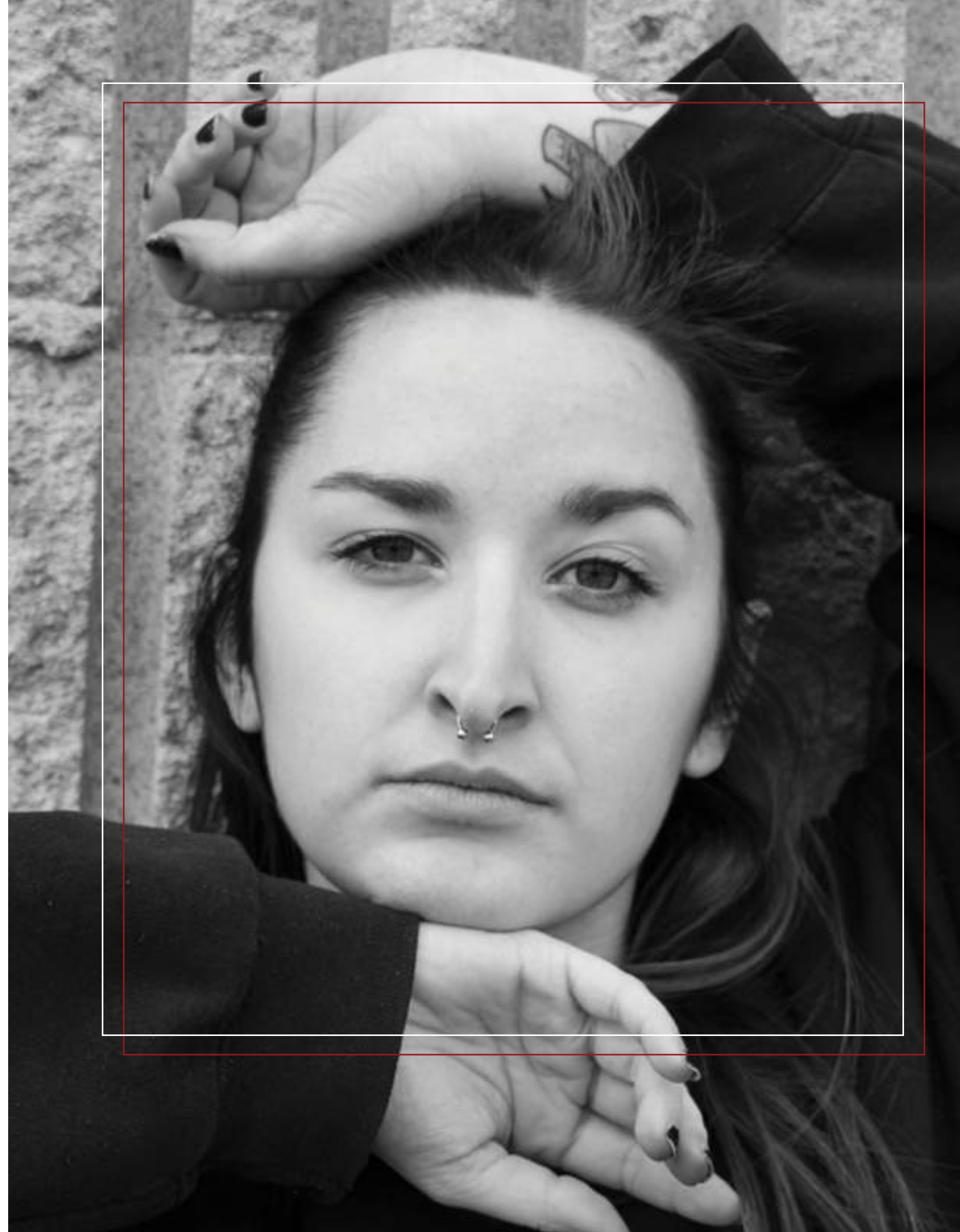
power of dance

Isabelle Rochette

I had the privilege to meet with one of Montreal's emerging artists and choreographers, Anmarie Paule-Legault. She has just turned 23 and is growing more than ever in her dance career. Listening to her views on dance as an art form and her journey into becoming a professional dancer was extremely inspiring. She even explains how dance is such a big part of all of our lives. We see dancers everywhere and they are what bring energy into our lives. I absolutely loved her perspective on many of the aspects of dance that she spoke to me about.

What does dance mean to you?

"Dance to me has a really strange importance when it comes to my identity. I don't relate to being the regular sis-gender Canadian, female, Quebecer as much as I relate to being a dancer. It's a huge part of how I view my identity and view myself. It never gives up on me. There will definitely be times when I will be shut down but when it comes to dance in of itself, it will always be there for me. Whatever happens in 5 years, chances are, I'll still be dancing. Even if it's not professionally, it will just be just at home. I'll always be drawn to moving to music because I've done it for so long. Everything else has always come after and has never felt quite the same as how I have felt about dance. It's a big part of my life."





Anmarie has such a huge connection to dance and it is such a big part of her life as we can see. It has become not only a hobby but her career and what pays her bills. Anmarie explained to me, that being a part of this industry is extremely difficult and cut throat. It isn't always easy to get a job and just because you work extremely hard and are an amazing dancer doesn't necessarily mean you will book a job.

“Design a life that you love living.”

Explain to me the transition into being a student and making dance your career. What does this mean for yourself and your community?

“The gap between the community and the training and the work face is huge. People actually have no idea how to bridge it and get discouraged because they have all these grand expectations of being able to pursue dance just because they have trained for so long. Although once they get out there, it doesn't always work out for them. Working in an industry like this one, first of all is incredibly difficult and second of all, incredibly high stake. They are not willing to take chances on a lot of people and when they do take a chance on you, its calculated. The skill set we build, and we are made to build in the community in our training is not complete yet. I feel the skill set we are taught, is not what we actually need once we get out there in the real world.”

How has this affected you?

“I have had to undo some of my training. I was always taught so strongly, to not ask questions, to stay in my spot and to do what I was told. Although, I am striving for are positions of leadership, making decisions, and being in position of telling people what to do. So, if I make myself small, like I was taught to do, I will fail.

They are not going to think I actually know what I'm doing because it will seem like I am not confident in what I am doing. If you don't know how to make a statement or get your personality across and make an impact on them, chances are they won't remember you. Ultimately what I have learnt, is that whenever I was in a professional situation and I went into my professional personality, people were missing out on all the things that made me unique. They just weren't connecting with me because they weren't actually meeting all of me. I was so uptight. I had to relearn to be myself and be comfortable being myself in professional situations.” As you can see it isn't easy becoming a professional dancer and it can be very hard on your self-esteem. It wasn't always easy for Anmarie and she had to work very hard, not only physically but also mentally to get where she is today. She expressed to me that most of time when auditioning and applying for jobs you won't get them. She has been said NO many times just like many of her other dance colleagues. Pursuing this profession requires you to know yourself very well in order to not get destroyed and put down by the industry since it is a very opinion-based career. Although, Anmarie will never give up and continue fighting and working hard for her passion. This is only the beginning for her, and some of her goals that she has shared with me are very inspiring.



What is one of your future goals with dance?

“In the next five years, I would like to grow my career as a choreographer and creator. I want to put out more art work that I do for me. I realized that all the work I have been doing is for other people. I want to put out artwork that is me. I want to see it exist, just because it’s in my head and I want to see it be real. I would also love to eventually judge a competition or be on tour with a convention teaching. I want to teach a big room full of people. That’s been one of my dreams for a long time.”

To finish off my interview with the amazing choreographer and artist Anmarie, we spoke about the impact and place dance has on our culture and our city. She expressed greatly how dance is so omnipresent. We don’t really realize it- but it actually surrounds us on a daily basis on social media, in shows, concerts, family gatherings, parties, or even dancing in our cars. You don’t need to be a professional to understand the power of movement.

How do you feel dance is a part of our culture and our city?

“I feel like dancers are really important culturally because they are the ones that bring energy. You can see this in any event that requires a certain vibe, a certain excitement, just something to be carried beyond just singing or a set. Dancers bring so much life into anything. I think it’s important because in any event where dancers are involved, everyone seems to be more engaged. I even feel like buskers on the street are so important because they bring dance into people’s everyday lives. They are important in the culture because as an art form, dance has been significant for so many years and evolving like crazy. It’s very omnipresent, its everywhere when you think about it.”



We are so thankful to have met with this inspiring young dancer. Here are the last few words she would like to share with you guys.

“Design a life that you love living. Build it under you own criteria. Make it “I need this to thrive” vs “People telling me I need this to thrive.” Do things by your own definition and be confident enough in your vision that you stay true to it. If you start watering yourself down, then the people who are really looking for you will never find you.”

Thank you for reading,

Dance on.



A few fun facts about Thierry Mugler

He presented his first haute couture collection at the Ritz in Paris in 1992

He's the first and only French designer to own his own manufacturing facilities

He was the first creator to organize a fashion show open to the public - 6,000 people paid to attend the one-hour event at the Zénith in Paris

What's on at the Museum of Fine Arts

Montreal shows its true colors with fashion in a powerful exhibition of works by Thierry Mugler.

Natalie Davis

The Montreal Museum of Fine Arts is a local landmark to Montrealers and those visiting our beautiful city. The museum, founded in 1860 was actually one of the first museums in North America to build up an encyclopedic collection worthy of its name. Today it houses over 43,000 works from Antiquity to present day. With a variety of mediums, from paintings to sculptures, graphics arts to photographs, there is sure to be something that will catch your interest.

The museum makes a point to vary their collection with limited time exhibitions. Currently, the main focus at the museum is on the *Thierry Mugler: Couturissime* exhibition. This exhibit is being presented for the first time by the Montreal Museum of Fine Arts, and it will go on to do a world tour. The exhibit focuses on the work of French creator Thierry Mugler. The exhibit reveals the multiple worlds of this artistic figure, a visionary couturier, a director, a photographer, and a perfumer.



THIERRY MUGLER COUTURISSIME

March 2 to September 8, 2019



The exhibit brings together more than 150 garments that were made between 1973 and 2001 - as well as a wealth of unpublished archival documents and sketches. Some of the garments are being shown here for the very first time! The exhibit also features over one hundred photographs by world-renowned fashion photographers such as Helmut Newton, David LaChapelle, Dominique Issermann, Paolo Roversi, Guy Bourdin and Richard Avedon.

If you're wondering about Thierry Mugler, the man the show is all about, fear not: I'm about to give you a quick background on him. He was born in 1948 in Strasbourg, France. At a young age, the Gothic architecture of the Alsatian city's cathedral had a profound impact on him and he joined the Ballet of the Opéra national du Rhin. After travelling the world, both on his own and with the ballet in the 1960s, he then split his time between London and Amsterdam, and journeyed to India to learn Kathakali. Mugler created his first collection, *Café de Paris*, in 1973, which he infused with "classic Parisian elegance". At the time, bohemian unstructured looks were all the rage in fashion, and this collection instead

returned to body-conscious and precisely defined shapes. He really shook things up by presenting such things as muslin dressed trimmed with fox fur and snakeskin miniskirts.

The following year, Mugler launched his own label. *Thierry Mugler: Couturissime* follows the path of this remarkable creator who changed the face of fashion with morphological and futuristic cuts, as well as glamorous, sculptural and elegant silhouettes. The exhibition, with a focus on the contrast between light and dark and absolute opposites, showcases themes of a "Hollywood" brand of perfectionism, dreams, exotic creatures, science fiction, and eroticism. One of the things that stood out most to me while walking through this exhibit was the innovative use of certain materials into high fashion, like metal, faux fur, vinyl and latex.

On top of using innovative materials, Mugler sought to showcase his work in new and interesting ways. An iceberg in Greenland, the dunes of the Sahara, the wings of the Chrysler building, the rooftop of the Paris Opera House.

“The French creator who made of his fashion an ode to the spectacular is being showcased in a solo exhibition at the Montreal Museum of Fine Arts.”

Manon Garrigues, *Vogue Paris*



This creative use of materials isn't actually so surprising when you consider the fact that he created the stage costumers for Shakespeare's *Macbeth*, and for Cirque de Soleil's *Zumanity*. He's also dressed some more avant-garde celebrities, like David Bowie, Liza Minnelli, and Lady Gaga. Really, throughout the course of his career, he's worked with an astounding number of renowned creatives.

If you're interested in fashion, there's another exhibit at the museum that perfectly compliments *Thierry Mugler: Couturissime*, which is *Montreal Couture*. This exhibit “pays tribute to the talent of 10 local creators and

collective”. This is the first exhibit to bring together the creations of Marie Saint Pierre with her timeless cuts that perfectly join style and function, Philippe Dubuc who had a debut collection that completely reinvented menswear, and Denis Gagnon, known for his haute couture approach: three Quebec fashion icons.

You'll also be able to explore the distinct work of stylish Helmer Joseph, who's Haitian roots really show through in his work, as well as creator Ying Gao who is known for mixing industrial design, architecture, robotics, and sensory experimentation with interactive media. Also featured in this exhibit is Nathon Kong, who's

high-end custom men's suits are all the rage in Montreal and Markantoine Lynch Boisvert, who is more focused on a movement led by young Montreal designers who are breaking down geographic barriers with their creativity. Finally, the new-to-the-spotlight duo Fecal Matter, formed by Montrealers Hannah Rose Dalton and Steven Raj Bhaskaran. No, we're not a fan of the name of the duo either, but they combine fashion, music and performance.

Another exhibit on at the museum include *A Model in the Studio, Montreal 1880-1950*. This exhibition focuses on representations of live models by Quebec and

Canadian artists. Most of the works in this exhibition have never before been shown or are new acquisitions to the Montreal Museum of Fine Arts. From the first sketches to the completed piece, something of the artist's personality is revealed in the lines of the models depicted.

Interested? Be sure to join the fashion crowd at the Montreal Museum of Fine Arts between now and and September 8th for *Thierry Mugler: Couturissime* and *Montreal Couture*, and until May 26th, 2019 for *A Model in the Studio, Montreal 1880-1950*. For more information, visit www.mbam.qc.ca

Interview with Akilah Newton, founder of Overture with the Arts

Photo by Naska Demini

Natalie Davis

Overture with the Arts is a Montreal-based non-profit organization that offers education in music, dance, drama, and vocal training. At Overture with the Arts, they believe that this sort of program helps kids find a creative outlet for self-expression and builds confidence and poise. To date, about 40,000 youth have benefitted from their after-school programs and school tours.

Akilah clearly has a deep appreciation for the performing arts, which started while performing in an elementary school production of *Annie*, the musical. She continued to nurture her interest with training in music, drama, dance, and stage production, going on to earn her Bachelor's degree in Arts, Music, and Entertainment Management.

When I asked Akilah about what path led her to starting Overture with the Arts back in 2009, she had an interesting story to share. The turning point for her was when she was managing a Performing Arts Centre in downtown Montreal that turned out to be a scam. The scam in question had astronomical registration fees, and the company was misleading people by implying that children who signed up for their classes would have the opportunity to audition in front of casting directors in Hollywood. They were recruiting families into their scam under the guise of promising fame.

Obviously, this sort of deceitful setup didn't sit well with Akilah and she had no desire to be associated with

a company like that. She quit her job, and she decided that she wanted to start an arts organization that offered high quality programs that were accessible to youth from all socio-economic backgrounds. On April 23, 2009, Overture with the Arts was born.

When asked about what the most rewarding part of her labor of love was, Akilah said that it brings her so much joy to see students performing - as cheesy as it sounds. She's so proud of them because they work so hard, and it's so rewarding to see them get steps closer to their dreams.

The West Island has such a vibrant art scene, and Akilah doesn't think that it gets enough recognition. She thinks it's wonderful to be able to promote local talent and provide performance opportunities, both in the west island and into downtown Montreal. By giving a platform to emerging artists to showcase their talent, Overture with the Arts hopes that the West Island will one day have a booming art scene, similar to that of downtown Montreal.

For more information, visit www.owta.org



Under Pressure Festival

Rachel Dallaire

The Montreal population organizes many festivals and events in order for people to discover what the city has to offer. Every season there is multiple exciting events going on, usually based on the temperature, month, theme, etc. During the summer is when most of the outdoors events are going on, one of them being the Under Pressure Festival, the oldest festival of urban cultures still occurring in the world.

Under Pressure started in 1996 by two graffiti artists named Seaz and Flow. They based it entirely on the beginnings of the New York City block parties from the 1970s. Their main goal of founding this festival, was

to encourage the community to get involved with the development and glowing of urban arts through urban culture. Not only was this organized to reach the local population but also the international population. After all, Seaz and Flow created a full team of volunteers who live for Hip Hop culture and devote their work to this festival.

For the past 22 years, the organizers, street artists, graffiti writers, DJs, emcees and street dancers have been getting together to organize Under Pressure without any salary and strictly based on volunteering to represent their love for Hip Hop culture.

During the days of the event, there are multiple activities made to gather street art, urban dance, music and skateboard for all ages. This includes over a hundred local national and international artists whom partake in the event.

According to their program, the festival consists of about ten different, defined walls filled with graffiti art, musically satisfying performances, urban dancing competitions involving bold dancers, beautiful exhibitions, conferences, activities for the younger audience, guided visits, etc. The festival usually occurs in mid-August although this year it is happening from August 8th to August 12th on Sainte-Catherine East street.

After 22 years of managing this festival, the organizers and various artists and have been very successful over

the previous years. They have accomplished their goal exponentially that multiple sponsors have gotten involved with their organization such as Quartier des Spectacles Montreal, UQAM, Foufounes Electriques, Konkrete, MOOG Audio, etc. Under Pressure offers a various number of products designed by participating artists and sponsors which includes clothing, headwear and much more.

The festival is free for everyone planning on coming to add on to their wonderful summer memories in Montreal. For more information on this upcoming festival visit www.underpressure.ca.

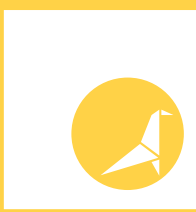
NIGHT OF THE STARS
Summer
PARTY

June 5th to July 10th

2019

Abreuvoir
BAR TERRASSE

**coffee
energy
now**



kaito

cozy & familiar
995 rue Wellington Montreal

vibrant & dynamic
Monday-Friday 8am-4pm

exotic & unique
Saturday-Sunday 10am-5pm



**PRIDE
FESTIVAL
mtl**

August 8 - 18, 2019
Parc des Faubourgs



fashion.

STREETWEAR MONTREAL

Nathaniel Cozier

Montreal is such a rich city filled with art and fashion throughout every borough. It is evident when you are downtown, in the West-island, or even in Laval. Throughout the island of Montreal, you will constantly encounter people with unique and interesting styles and aesthetics. The industry of fashion has a rich history in Montreal's metropolitan area and throughout Quebec. The fashion industry is very successful as it is always bringing rapid innovation, a lot of creativity, and many new collaborations to the table. It is continuously adapting to new trends and styles as well.

Fashion is always personal; it revolves around opinions and style. However, you cannot deny that as a city, Montreal has its own unique style that allows it to stand out tremendously. Not only does Montreal have a wide range of amazing and unique fashion designers and brands, but it also has great fashion schools to support young artists from around the world to grow and learn. Today, rather than dissecting the very broad topic of Montreal's rich fashion history, I will discuss a more specific topic; the

best streetwear shops in Montreal.

Streetwear is a fashion movement and culture that became global in the 1990's. Its inspiration has always and will forever originate from the Californian surf and skate culture. This culture now has a huge influence in almost every aspect of the world, from sportswear, hip hop, punk and even Japanese street fashion. Even high-end fashion designers have been driven toward this type of design as well. Streetwear commonly centers its ideas on casual and comfortable articles of clothing while maintaining a nice and simple aesthetic. Streetwear really gained a huge amount popularity and traction in the world through brands like Supreme,

Nike, and Off-White Dime & Palace by continuously creating collaborations. They limited release items by using social media as a marketing platform and keeping product levels quite scarce. Nike x Off-White "The Ten" Collaboration is one of the most treasured and demanded collaborations to drop in the last three years. The collection consists of ten iconic Nike shoes being reworked, redesigned and re-innovated by the one and only Virgil Abloh. With his vision and experience in the world of design and fashion, he was able to make his brand Off-White the biggest fashion brand in the world, surpassing Gucci and Louis Vuitton. Huge collaboration projects like these have really showed the world how

popular streetwear has become. You can ask someone what Supreme was three years ago and most of them would not know, but today, it has become so mainstream that everyone who enjoys fashion is a part of streetwear.

Now that we have summarized what streetwear fashion is, we can now explore a few of Montreal's best streetwear fashion outlet stores. Montreal has countless amazing stores, but we will examine three of them in depth. As someone visiting Montreal that enjoys streetwear fashion, these stores are a must stop while on your trip to the city. The first store is famously known as Off the Hook (OTH). OTH is an independent retailer

that first opened its doors in Montreal in November of 1999. Over the last two decades, OTH has showcased and celebrated Montreal's unique culture, whether that be through art, music, sports, or fashion. They feel at home in Montreal and are constantly influenced by the amazing events happening in the city's neighbourhoods. They evolve, grow, and mature

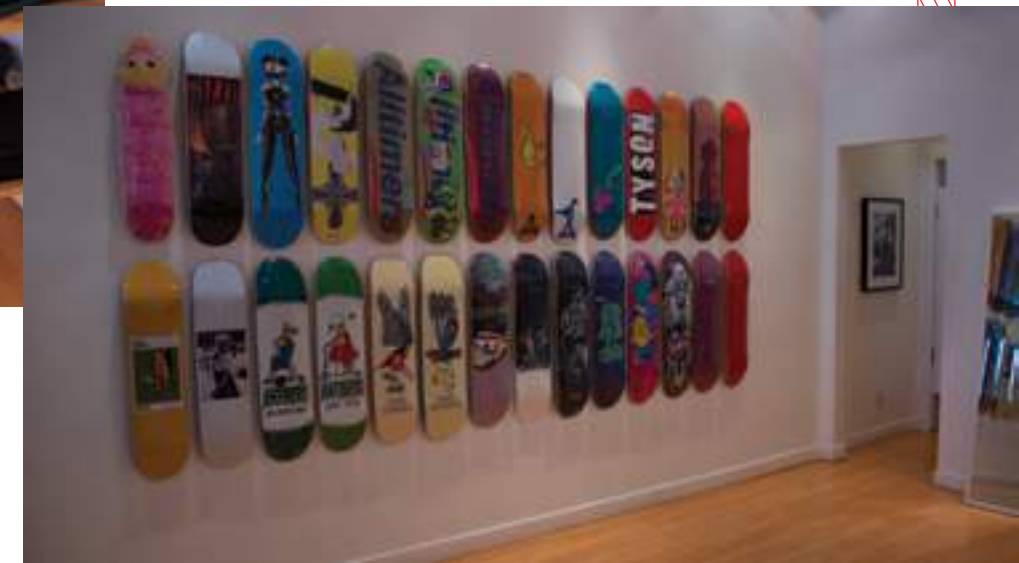
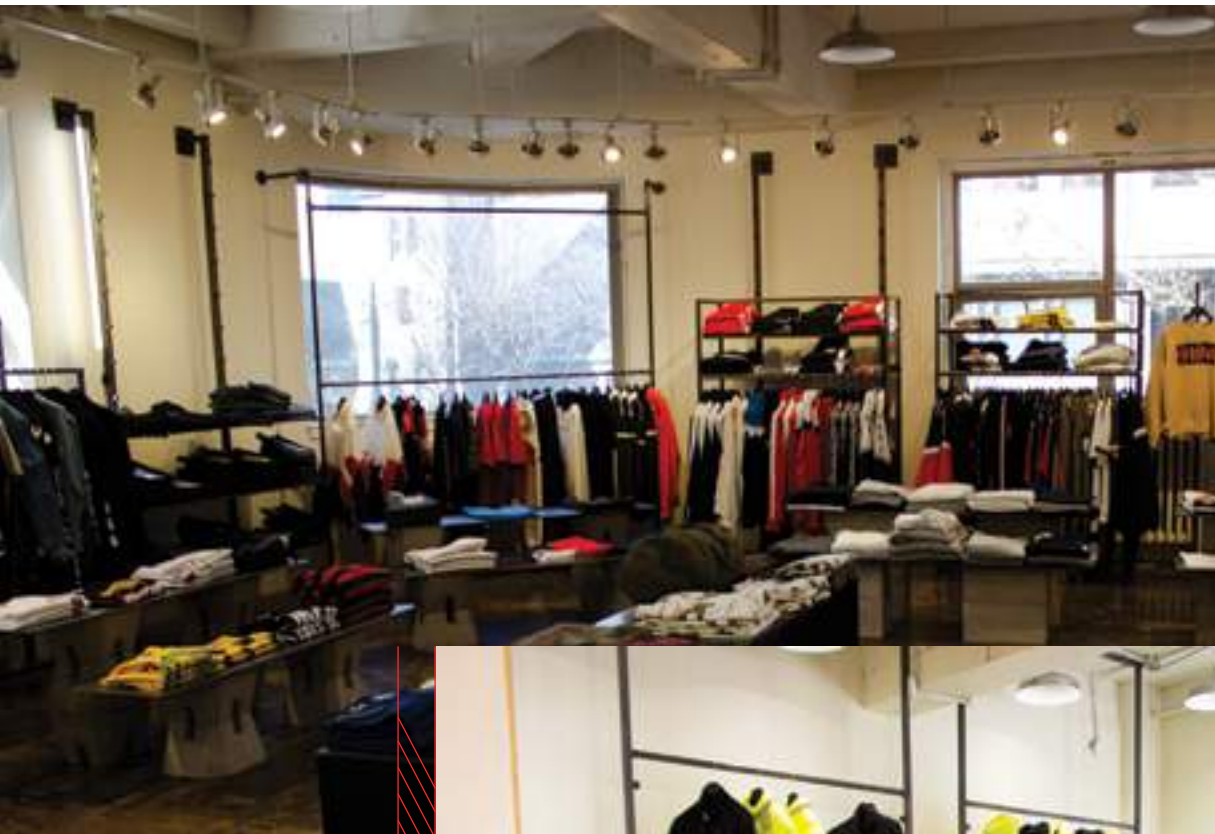


Our next stop along our journey of streetwear stores would be Influence U, a family owned business that is brought to you by the Bachour Family. Here you can find everything you would need from Adidas shoes to Raf Simmons to Alexander Wang. As Quebec's biggest Canada Goose retailer, I am sure you can find something great for the winter season. Walk into the store and be introduced to welcoming faces and staff that will be there to assist your every need. Not only can you find some Raf Simmons or Alexander Wang products, but you can also find brands like Bachour, COMMEdesGARCON*, Kenzo Paris & Y-3.

INFLUENCEU



The last stop on the list for today would be Dime. Located at 3632 St Laurent Blvd probably - if not the best skate shop in Montreal. Not only has dime put montreal on the map in the world of skateboarding but also in the fashion world. Dime originated as teens from Montreal who just loved to skate. From that they were to establish a name in the skateboarding world, which helped them to take a step into streetwear. Dime will forever consider itself as a skate brand even though it's one of the biggest Canadian streetwear brands. If you enjoy streetwear and skateboarding, while visiting Montreal Dime's store is a must stop for everyone. Great friendly vibes and amazing products ranging from clothing, shoes & skateboards. Dime is a must stop while in Montreal.



TRICKY INC.

Nathaniel Cozier

Not only is Montreal have an amazing fashion scene with great outlet stores all across the city. Im here to talk to you about the west islands best thrift & consignment store we have to offer! Tricky Inc Montreal is located on 2V4, 77 Donegani Ave in pointe Claire. From vintage NBA jerseys to old school concert tees or even some classic jean jackets, great place to find amazing pieces of vintage clothing for a great price. Not to mention they also do a consignment service for anyone trying to sell some garments! You can find brands such as Supreme, Dime, Nike, Jordan, Adidas etc. Tricky Inc is a fairly new thrift store but is one the best out there, with friends faces, laughs and smiles - you'll feel at home shopping at Tricky Inc. Today we have a one of the owners and curators with us his name is Marcello Bicchì aka The Spice Daddy.



Thats such a great story, I love coming to shop at your store - half my wardrobe is from tricky inc, but last but not least - have anything to say to the youth?

Follow your dreams - no matter what people say, be yourself and love yourself. Life isn't about money or assets. Life is about being happy, I hope to see you guys soon.

With that being said, Come down to tricky inc and pick up some fire vintage clothing for a fraction of the cost. Or even come chill! Amazing atmosphere with laughter and love. Tricky Inc is for the kids.



Thats amazing! How did you guys get started in thrifting?

Originally myself (Marcello) I'm from Florida, and I had a very successful restaurant down there but I new deep down thats not what I wanted to do so I sold it and followed my dream!

After selling the restaurant how did you and John link up to start Tricky Inc?

Well surprisingly we met each other at a flee market festival in northern Laval when I moved back to Montreal in about 2010 and from there we began best friends with very similar interest! Every weekend searching big thrifths stores like Village Des Valleurs and try to find some grails to sell on eBay. Later on progressed into tricky inc!





**about
town.**



Top 5 Places you need to visit in Montréal

Malcolm Graham

Whether you've been here for a while, or you just plan on visiting, Montréal has some must see sights while you're here. Of course, you may not entirely agree with this list, and maybe you preferred visiting somewhere else instead. Everyone has their own tastes, after all. With that out of the way, we can continue with our list of places everyone should see at least once!

Old Montréal

As far as places to go explore in Montréal, Le RÉSO is definitely a great option. However, it doesn't quite stand up to what Old Montréal has to offer you in that department. There is something really quite fascinating about exploring old Montréal and just getting lost in its environment, that underground Montréal just doesn't quite have. The architecture there is something truly unique to observe and appreciate, and there are plenty of excellent restaurants to go visit.

The old port of Montréal is also a part of this, and if you want a high view like what Mount Royal can offer, there is a massive Ferris wheel you can ride while visiting. The reason we rank this place at the top of the list is simply because it is the most expansive and unique to Montréal, given the amount of history there is behind it.

Parc Jean-Drapeau

When you hear the name of this place for the first time, what you imagine it being is probably not quite accurate. It is called a park, and while it is technically still a park, that it is far from the only thing Parc Jean-Drapeau has to offer for you. Not only does this place look beautiful in the summer and has plenty of spots to lay back and relax in the sun, it has plenty of other activities and sights that you might not expect from a park, similar to Mount Royal. The place is pretty big, which is fair given the amount of space it needs to house everything.

When you think of a park, chances are you aren't expecting a professional car-racing track that can be used for biking, strolling, or even roller skating. (That is, whenever they aren't using it to race cars, of course.) The park can be a great place for athletes to train and or just hang out, with not only a race track to use. They also host events for rock climbing, canoeing, dragon boating, or even just plain old swimming. Although maybe the idea of physical activities doesn't pique your interest too much, since it may not be for everyone. If so, then maybe the next place on this list will have what you're looking for...



Montréal Museum of Fine Arts

If you're not super crazy about doing physical activities and want to spend more of your time in Montréal just sight seeing and observing, than look no further than the Montréal Museum of Fine Arts! It's the biggest museum in all of Montréal, and it even sits among the best in all of Canada. Make sure to keep up with the Museum of Fine Arts' website, so that you can make sure to catch one of the many events they host there for limited times. This museum is no joke, and it's well known among

others for a good reason. If you're even a little bit in to art, or if you just have some free time to kill, then we highly recommend you visit this place. It's worth your money! If all of this sounds interesting to you and you want to find out more about this, then be sure to check out Natalie's article in this publication. In there, she goes much more in depth about what exactly this museum has to offer than this top 5 list can.

Mount Royal

If you're looking to do some sight seeing and you don't mind going outside to do it, then consider planning a visit to Mount Royal! As the name suggests, it's a small mountain in Montréal with plenty of winding paths leading up to the top. At the top of the hill, there's not only a building that sells refreshments and souvenirs after the climb to the top, but it also has a fantastic view of the city. Mount Royal is the highest point of Montréal, (if you ignore some of the top floors of the buildings)

so naturally it gives you a beautiful overview of the entire city. Climbing the hill to get the view at the top isn't the only thing to do here, either. If you're interested, they offer tons of other activities for adults and children alike. There are teambuilding and eco-friendly exercises for adults, as well as educational activities for children. Mount Royal is a great place to visit for the whole family!

The Underground City

One of the things that the city of Montréal is well known for is its expansive underground city. In French, this expansion of the city is also called Le RÉSO, which means The Network. A fitting name seeing as the underground city connects tons of different shops and restaurants together, all of this sitting just beneath downtown Montréal. The Eaton Centre is a large part of Le RÉSO that resembles a sort of mall, with its four stories housing approximately 100 different stores. It's an impressive sight for sure, and not one that you can see anywhere. While you're visiting the underground city, consider coming prepared and bringing a map with you. Le RÉSO is notorious for having a very maze-like structure that gets visitors lost all the time.

This place was first constructed back in the 1960s, and it works like a charm when it comes to avoiding bad weather outside. It is also connected to Montréal's also notoriously confusing metro system, so getting around the city from there is fast and efficient. Provided you don't get lost, of course. You can also do all kinds of souvenir shopping at the Eaton Centre while you're sightseeing and get a bite to eat at the food centre while you're at it. Talk about being efficient!

Again, this list is subjective, so you may not entirely agree with it. Some people who prefer outdoorsy activities might think that Mount Royal and Parc Jean-Drapeau should be ranked higher. At the end of the day however, there are plenty of things to see and do in Montréal, even things that we didn't mention in this list. We encourage you to do as many as you reasonably can and enjoy your time as much as possible while you're in Montréal.





Nathaniel Cozier

Bemontreal. recently interviewed an employee who was working at multiple, big events in Montreal including Ile Soniq, Osheaga, etc. Let's hear what he has to say.

Rachel Dallaire

How did you hear about this job?

In the summer of 2017, Nathaniel Cozier-Weismuller began working for IASTE, an international organization that exchanges students for technical work experience. His family, his dad in particular, was already part of the union house which made it highly accessible for Mr. Cozier to obtain a job. He saw this as an opportunity for the future and to make a high income in a short amount of time so he started working as a stage engineer for IASTE at summer events like Osheaga and Ile Soniq.

What were the biggest challenges and how did you cope with them?

According to Mr. Cozier, the most demanding part about this employment was dealing with the hours and the amount of work. Throughout, the event which usually lasts two to three days, you are expected to work around 17 hours a day in dreadful heat and sometimes even more. For example, Ile Soniq would start at 1pm but the employees needed to be at the event by 6am to set everything up and only leave at 2am considering the event finished around 11pm. When the second day of Ile Soniq arrived, Cozier arrived to work too exhausted from the first day, so much that his team leader sent him back home. He explains that the one thing that kept him going was the income he was making (25\$/hour).

Can you describe your experience?

Cozier had many tasks to keep track of such as take in, show call and take out. Firstly, the employers began their day with take in which meant they had unload

everything for the event like speakers, lights, barricades, etc. After unloading everything they had to set up all of this equipment. Their second task was show call which is setting up the artists set up for instance their drums, guitar, keyboard, string on, DJ mixers. Keeping in my mind, they have to alternate the set between artists' shows. During one of the Ile Soniq days, they challenged themselves by alternating the DJ's sets the fast way possible so that the music continues during set changes. At the end of the day comes the take out which is when they take everything down and load everything used for the event in the trucks. Personally, Cozier, enjoyed his experience a lot. He believes it was very exciting and a great opportunity to obtain more knowledge in this department.





What was your favourite part?

Cozier describes to beMontreal. how much he loved the show call. He had the opportunity to watch the show from a very close perspective as well as meet multiple artists even some of his favourite between shows. In addition, he explains how satisfying it was to see the aftermath in result to all the work and energy they put in to the event because in the end, the shows turned out the way they did because of the backend workers.

What was your least favourite part?

In Cozier's opinion, his least favourite part was barricades which is essentially the railings that contain the crowd. In his first year working as a stage engineer, he was considered lower than everyone which meant he had to do all lifting and setup of 100 barricades for both Ile Soniq and Osheaga. Another aspect that Cozier was not a fond of was the hours. Although, the hours work accordingly to contracts with companies and depending on the shows whether it is with Bell Center, Osheaga, Ile Soniq, Rockfest or Place des Arts. The hours tend to be long for instance at the Bell Center since the shows are usually at night, he would come in the morning and work from 8am to 6pm and then start again from 10pm to 3am.

What are the skill sets needed?

Cozier continues to describe the skill set need as an individual which includes the ability to physically carry all of the heavy equipment. A person needs to be active and not lazy when it comes to this employment considering how fast and productive you need to be during show calls. Intelligence and brightness is also required when it comes to communication because sometimes people tend to ignore the communication aspect needed and do stuff without anyone's input which throws off the rest of the crew. For example, if someone was not ready to lift the equipment and they didn't, it would mess up everyone lifting. This is why a person needs to be safe, efficient and quick on their feet.

How would you describe your bosses and coworkers?

The group of people Cozier was working with alternated most of the time because it is a union but as for the temporary coworkers and bosses he did get a chance to work with, he explains that he ended up befriendng many of them. Additionally, his temporary bosses, who were part of the union, also happened to be very relaxed and calm. His "bosses" were technically known as team leaders who were taught by tour managers what to do. The team leaders are chosen based on their seniority and manage carpenters, sounds, lights, etc. After working for quite a while, Cozier had the chance to be a team leader for the VIP sections in events which is essentially managing his team who were setting up the VIP rooms. Ultimately, he never had any problem with his coworkers and got along with them well.



Travis Scott performing at the Bell Center during his Astroworld tour



What have you learned from this experience?

In Cozier's opinion, he learned about the possibility of finding a job without any education requirement and still result with a high income. It is definitely a job that comes with a lot of physical and mental energy but at the end of the day it is worth it. This is the opportunity to learn about stuff you would never learn about in everyday life like the set ups for big artists, how sound and lights work. Ultimately, how the base of it all works. Not every job has to be the same everyday...



what should you eat?

Malcolm Graham

Montreal is a sort of hodgepodge of different cultures and people, this city home to of tons of different ethnicities with a lot of diversity. It is also a place with lots of different kinds of restaurants for people to choose from. With as many options as there are in Montreal, it can be hard for someone, especially if they don't live in the area, to choose just one to go to.

Of course, a lot of what goes in to deciding in a restaurant to go visit comes down to personal taste. Some people will be naturally drawn to sushi shops if that's the kind of food they want, or maybe someone would prefer a Mexican diner. There aren't really any wrong answers when it comes down to where you like to eat!

As I've mentioned in my other article about the top 5 places you need to visit in Montréal, there are plenty of different restaurants to choose from, some being in Old Montréal, underground Montréal, or really just anywhere in the city. One place that I had neglected to mention in my other article is Westmount. Westmount is a part of Montréal that is known for having an extremely high value plot of land, and there are also plenty of restaurants cluttered together nearby with tons of different types of meals.

For some insight, I had decided to interview a restaurant owner nearby the area of Montréal, who runs a little Italian place called Enoteca Monza-Pizzeria Moderna. This was the original plan I had at least, though due to



certain circumstances, I was unable to actually get an interview with him. However, in the end I don't believe that the interview was entirely necessary.

The reason I had wanted to conduct an interview with a local restaurant owner was to get their opinion and insight on the food industry in Montréal, as well as what kinds of food they feel is popular with what kinds of people. So, although I do regret not being able to

score an interview for this article, I think that maybe the whole idea of trying to find what kind of people like what not well thought out. The truth is, everyone is unique, and as such everyone's tastes are their own. In the end, there isn't any real way to decide what you should eat and which restaurants you should visit. Since there's such a variety of them in Montréal however, there is definitely at least one that will suit you.



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HALF FULL.
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