



Instagram  
share your favourite moments

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Instagram -share your favourite moments  
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*Special thanks to my teachers and classmates for helping me create this manual.*

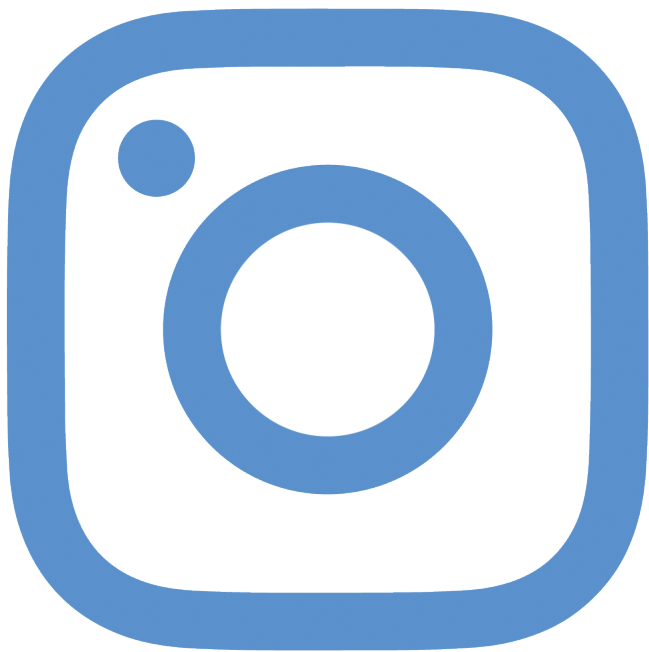
# Instagram

share your favourite moments



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# What is Instagram?

**Instagram** is a free photo and video sharing application available on Apple iOS, Android and Windows. People can upload photos or videos and share them with their followers or with a select group of friends. They can also view, comment and like posts shared by their friends on **Instagram**. Anyone 13 and older can create an account by registering an email address and selecting a username.

I will be teaching you how to easily navigate through Instagram on an Iphone. We will review the essential things you need to know as a beginner user. We will go through the 5 sections of the application and learn the basics. After reading through the manual, you will leave feeling comfortable and ready to share your favourite moments from your day-to-day life and stay in touch with your peers. Enjoy the journey

– Isabelle Rochette

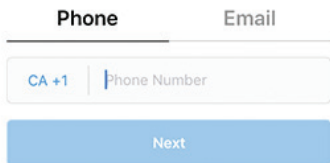
# Set yourself up

Once you have downloaded the application from the Apple or Play Store, follow these 3 simple steps to join the world of **Instagram**.

1. Tap Create New Account.

The Instagram logo, featuring the word "Instagram" in its signature black script font.A blue rectangular button with the text "Create New Account" in white, sans-serif font.

[Log In](#)

A screenshot of the Instagram sign-up form. At the top, there are two tabs: "Phone" (selected) and "Email". Below the tabs is a text input field with a light gray background. On the left side of the field is a dropdown menu showing "CA +1". The rest of the field contains the placeholder text "Phone Number". Below the input field is a blue rectangular button with the text "Next" in white, sans-serif font.

You may receive SMS updates from Instagram and can opt out at any time.

2. Choose to either give your Phone number, Email or tap Log in with Facebook to sign up with your Facebook account.



3. Next step is to enter your name, press next to create a password, keep or change the username they have created for you and add a profile picture.

### Add Your Name

Add your name so friends can find you.

Next

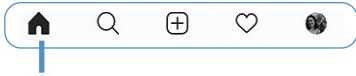
*ps. If you registered with Facebook you will be prompted to log into your Facebook account.*



# Learn the app

the 5 sections of **Instagram**

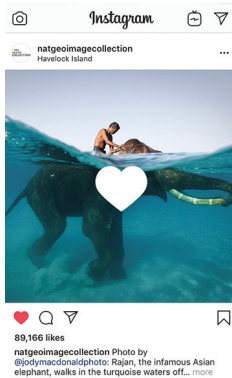
# News Feed



*News Feed is place where you can share and connect with the people and things you care about. Refresh your feed (by dragging you screen down) and the photos and videos we think you care about most will appear towards the top of your feed.*

## 1. Like a Picture

Double tap the image or tap the heart button to like an image. If you've accidentally double tapped or tapped below a post, you can remove the like by tapping again.





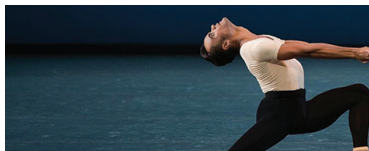


## 2. Comment

Press on the comment icon, type your comment and press send post. To reply to a comment and mention someone in your comment tap reply from the comment dialogue section.

## 3. Save a Picture

To save a post to a collection, tap and hold . Then select a collection you've already created or tap the plus to create a new one. To see the posts you've saved and the collections you've created, go to your profile and tap .



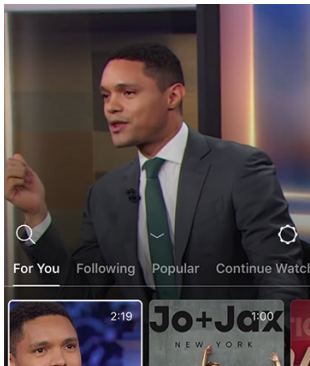
Save to Collection



2,239 likes

**nycballet** IN REVIEW // Taylor Stanley made his debut in a featured role in Stravinsky Violin Concerto, with an intense musicality that made his pas de... [more](#)

4.

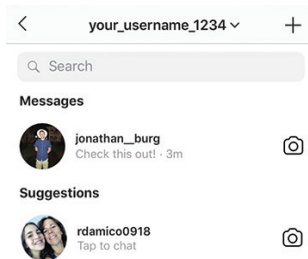


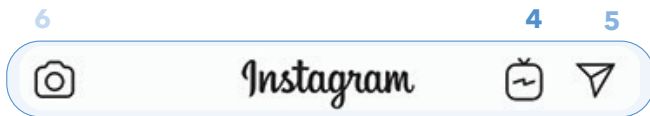
## IGTV

IGTV videos automatically play from one person's to the next. Swipe right or left to skip between videos. Tap & hold to pause a video and tap or drag the scrubber at the bottom of the screen to skip ahead in a video. You can like, comment or send a video in a direct message.



## 5. Direct Message

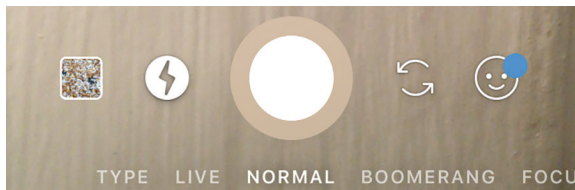
You can send messages, photos and videos to one or more people. To send a message tap in the top right or swipe left from anywhere in your feed. Select people you'd like to send a message to, tap next, type a message and send.



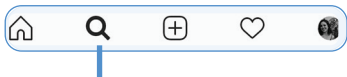


## 6. Story

Tap  in the top left of your screen or swipe right from anywhere in your feed. Tap  at the bottom of the screen to take a photo, or tap and hold to record a video. To choose a photo from your phone's library or gallery, swipe up anywhere on the screen. When you're ready to share, tap Your Story in the bottom left.



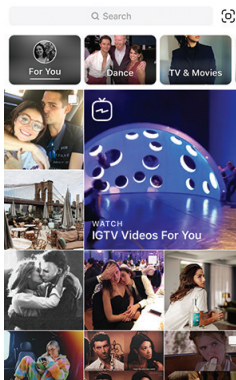
# Search



*Search is where you can explore and find different accounts that interest you. You can search accounts by username, location, hashtag or just by exploring the ones suggested.*

## 1. Suggested

On your search bar it suggests post you would like based on your followers.





## 2. Tag

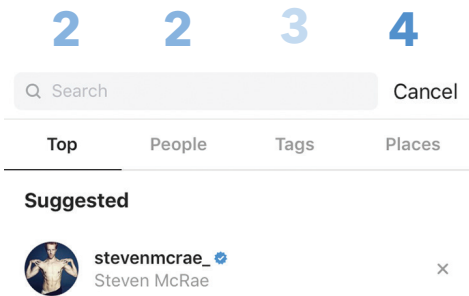
Search by the hashtag.  
Search groups of pictures by the hashtag. If you search #lol it will give you all the photos that have the hashtag #lol in their caption.

## 3. Location

Search pictures by location. If someone tagged their location in a picture you can view their pictures based on the location tagged.

## 4. People

Use the search bar to find users profiles you would like view.



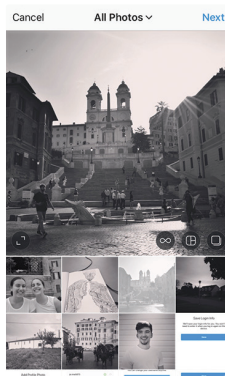
# Posting

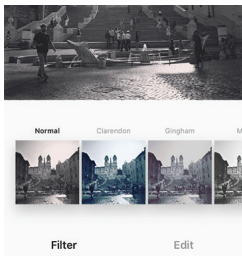


*This is the section where you choose what you'd like to share with your followers. Once you choose the picture or video to post you can edit it, add a caption, location and hashtags.*

## 1. Upload

Tap Library at the bottom of the screen and select the photo you'd like to share. To take a new photo, tap Photo at the bottom of the screen then take the photo. You can tap to switch between front and rear-facing cameras and to adjust flash.



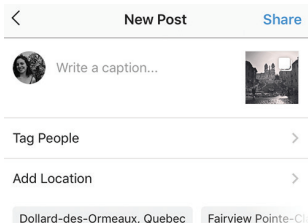


## 2. Filter/Effects

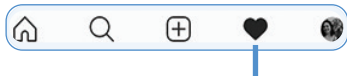
Press next after choosing your photo/video. Tap a filter/trim/cover/edit at the bottom of the screen to apply any additional features to your image/video.

## 3. Caption/Location/Tag

Press Next to add a location, caption and to tag people for your post. For location you tap add location. To add a caption tap in "write caption." To tag (identify) a user in your post you press on Tag People and press on the image to search the user you would like to tag.



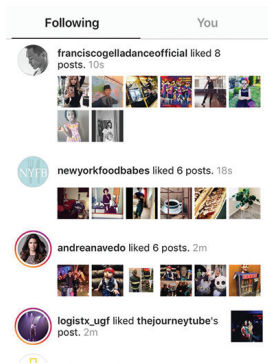
# My Notifcations



*This is the section that you see who likes your picture/video and who is following you. You can also see what your followers are up to in the "following" display.*

# 1. Following

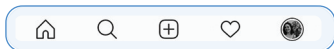
View what pictures and videos your followers are liking and commenting on as well as who they are following.



# 2. You

View who liked/commented on your photo. This is where you see who is following/resrequesting to follow you.

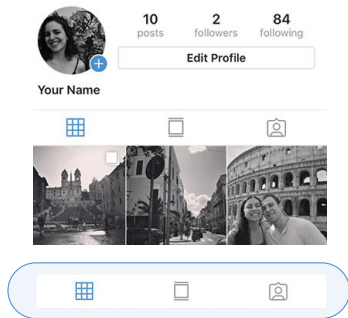
# My Profile



*On your profile this is where you can view the pictures you have posted on "your feed". Users like to make it look cool, match colours and have themes. You can choose to display your pictures in rows of three or in one column to view one at a time.*


## 1. Display

This is where you can see your profile and all the pictures/videos you have posted. Press the display icons below your bio to change your display preference. You can choose from single or multiple display.



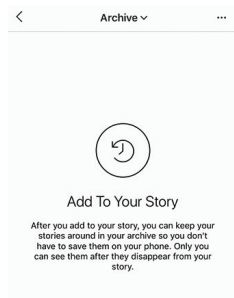


## 2. Photos & Videos of you

To see photos and videos other people have tagged you in, go to your profile and tap . You can choose to manually or automatically add these photos and videos to your profile.


## 3. Archive

Archive is a great feature to view all your old stories/posts you have deleted but would like to repost! You can choose from viewing stories or posts from the option panel. Press three dots next to the post to bring it back. For stories click the share button to reshare.



## 4. Edit Profile

Go to your profile and tap Edit Profile.

Cancel	Edit Profile	Done
		
<a href="#">Change Profile Photo</a>		
Name	<input type="text" value="Your Name"/>	
Username	<input type="text" value="your_username_1234"/>	
Website	<input type="text" value="Website"/>	
Bio	<input type="text" value="Here is where you insert your"/>	

## 5. Bio

Your bio is where you can write your own personal blurb that you want other people to read when they view your profile. You can write your bio under edit profile.



10 posts   1 follower   84 following

[Edit Profile](#)

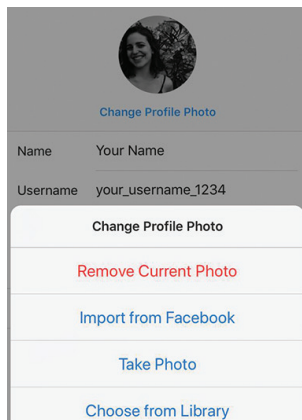
**Your Name**  
Here is where you insert you 'bio'. Something that you want people to know about you.

Bio	<input type="text" value="Here is where you insert your 'bio'. Something that you want people to know about you."/>
-----	---



## 6. Profile Picture

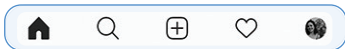
To change your profile picture you go into edit profile, then click on change profile photo. You can choose from the settings listed to choose where you will upload your photo from. Either take a new one, choose from your photo library or import. You can also remove our profile picture.



# Recap!

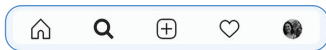
We just went through the basics of the 5 sections of the Instagram app.

## NewsFeed



In the NewsFeed section we learnt how to like/comment/save a picture. As well as we learnt how to use the Story, IGTV and Direct Message features.

## Search



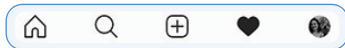
In the Search section we learnt how to search for other people and groups of videos/pictures by Location, Tag and Suggested.

## Posting



In this section we learnt how to upload our photos/videos to our Profile and add different features like filters/effects and tagging.

## My Notifications



It is in the My Notifications section that you see who likes your photos/videos and who is following you. You can also see what your followers are up to in the Following option.


## My Profile



We learnt that in the My Profile section you can choose your display preference, see your archives photos/stories and the photos/videos you are tagged in. Finally we learnt about the basic options in the Edit Profile portion.



# Posting

You can upload up to 10 photos and videos and share them as a single post in your feed using the  button in the right corner.

To delete a photo or video that you've posted, tap 

# My Notifications

If your account is private you will get a follow requests. You can choose to either decline or accept the request. It will appear at the top of your Notifications section.

# My Profile

To remove yourself from a photo or video someone tagged you in > Tap the photo or video > Tap your name > Tap More Options > Remove Me from Post.

# Keywords

## Archive

Archive is a great feature for when you want to take photos off your viewing profile, or when your story expires and you want to review them all. You can even choose to repost them after!

## Tag

Tag is when you identify someone in your photo by using the "Tag" option.

## Bio

This is your biography. The little section of text below your profile picture. You can put some keywords to describe yourself.

## IGTV

IGTV is a video platform by **Instagram**. It allows you to post videos ranging from 10 to 60 minutes.

## Filter

A filter is an effect you can add to your photo. Making your photo black and white is a great example of a filter.

## Story

A story is a picture/video you post on your profile that can only be viewed for 24 hours.

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