

# JAC Social Circle

Issue 1

Volume 1

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# http://www.johnabbott.qc.ca/about.jacuelcone.jiscog

#### Welcome

Since you are reading this message, I would like you to remember just one thing - at John Abbott, people come first!

For future students, we work very hard to ensure that everything we do is focused on student learning. Our outstanding academic programs and student services help develop your minds, our sports/fitness programs and excellent athletic facilities help develop your bodies, and our diverse cultural and social activities help develop your creativity and citizenship. We make every effort to support each student as they become autonomous learners who are well prepared and passionate about their future.

For future employees, we truly believe that you will not find a better college environment. Our world-class faculty and staff work tirelessly to create an honest, positive and collaborative atmosphere that is truly focused on student success. Effective support of student success cannot be sustained unless employees are also able to enjoy what they do. Yes, enjoying ourselves and working hard are key elements of the "John Abbott Spirit".

In summary, we have great academics, outstanding student services and one of the most beautiful campuses in Canada. Thank you for your virtual visit, but I strongly encourage you to come and visit us in person. John Abbott College can only truly be experienced by walking around and talking to our students and staff, because here, people come first!

We make every effort to support each student as they become autonomous learners who are well prepared and passionate about "

- John Halpin

John Abbott College is one of five English language CEGEPs in Québec. Named after Sir John Abbott, Canada's third Prime Minister, the College primarily serves the **Greater Montreal** region, though you can also meet students here from other parts of Québec and the rest of Canada. The College also has a significant number of international

students as part of its community. In total, over 6,500 students are enrolled in the Day Division and about 2,000 in the **Continuing Education** Division. The College was incorporated in 1970, merely two years after the Québec CEGEP system was launched in 1968. In September of 1971, John Abbott welcomed roughly

1200 young men and women as its first students. By 1980, the CEGEP was well established on a permanent campus and had a student base of about 4000 daytime and 2000 evening students. Since then, the College has grown by leaps and bounds, increasing attendance, adding and improving existing programs, and becoming one of the

top rated English CEGEPs in Québec. Situated on the most western tip of the island of Montreal, in Sainte-Anne-de-Bellevue, John Abbott enjoys a rural setting just a half hour drive from downtown Montreal. As one of 48 CEGEPs (collège d'enseignement général et professionnel) in Québec, John Abbott offers two

types of programs: two-year pre-university programs that lead to university, and three-year career or professional programs designed to lead directly to the labour market.

# WelcometoJAC Open House

#### **Orientation for New Students**

A smooth transition to CEGEP is an important step in the success of first semester students. New students are invited to attend an orientation session in August to learn about campus facilities, services, and available resources. They will also be given a copy of the student AGENDA book, and can obtain their ID cards and lockers, purchase their books from the bookstore, and buy parking decals; thus avoiding line-ups once classes begin.

Students always tell us they worry about getting lost on the first day and so we recommend that they take a guided tour, and find out where their classes will be held before the first day. Encourage your son or daughter to participate in orientation and help them feel more at ease about starting college.

### Information for Students and Parents

#### **Program Choice**

Contrary to popular belief, not all programs 'keep the doors open' for everyone. "My parents would be devastated if I switched out of my current program", says a first semester student. Are you willing to listen and accept the possibility that they may want to

change paths? Most students entering CEGEP are uncertain about their career visions and need time to explore their options. Our Counsellors and Academic Advisors are here to provide information and guidance.

#### Attendance

Attendance in class,

lab, and fieldwork is mandatory and policies M regarding unexcused absences are published

outline for each class in the first week of the semester. Ask your son/daughter if you can have a look at these course outlines to get an idea of the amount of work required for each course and deadlines. Establishing good work habits and maintaining a steady pace allow students to feel more in control. for parents to understand that the College is bound by law to respect the privacy of our students if they are 18 years of age or older. This means that grades, progress reports, transcripts and all personal information is confidential and given only to the student, unless the student has given written permission to do otherwise.

"Everyone needs time for fun, soencourageyourstudenttoget involved in sports, clubs, and volunteer activities. These are enriching experiences that will become life long memories" If a student is less than 18 years of age, transcripts and othinformation may er be released to the parent(s) or guardian(s) upon written request only. The philosophy in Student Services is one that fosters the building of a relationship and a sense of trust and respect with our students. Therefore,

though the parent may have the right to information, it is generally more effective to have

Workload

in course outlines. It is the student's responsibility to communicate with the teacher if problems arise with attendance or punctuality. If a student is ill or has a chronic medical condition, he/she should advise teacher(s) immediately and may be asked to provide medical documentation. In the case of religious holidays, students should advise their teachers in advance and make appropriate arrangements for missed assignments, tests, etc.

#### Adjusting to the Pace

Students always tell us that the faster pace in CEGEP is one of the biggest changes from high school. Every student is given a course

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Doing homework is essential. We recommend that students develop a study routine early in the semester, with an hour of homework for every hour of class as a guideline. For a science student that can be 28 hours of homework a week! Students should take advantage of their breaks during the day to do homework and study, and with 7 or 8 courses and a 15 week semester, weekends and evenings are a must.

#### Confidentiality of student information

Confidentiality of student information is an important and sensitive issue. It is important

the cooperation of the student. However if at any time confidential information is obtained that indicates a probable risk, threat or danger to a student, the safety concern will take precedence immediately and confidentiality of information will no longer be operative.

#### Extra Curricular Activities

There are sports, clubs etc for students. These are enriching experiences that will become life long memories.

# Home of the Islanders

John Abbott College has actively supported participation in sports endeavors as one of the important avenues in the growth of the individual and his/her well being. The specific aim of the Sports and Recreation Department is to implement programs which will meet student needs and interests in the areas of recreation, intramural, and inter-collegiate activities. The department also provides for student involvement in the development and organization of these activities. The dedication of the athletes, the quality of coaching and the professional approach of staff members responsible for the sports programs have all combined to thrust the College to the forefront in terms of overall excellence and achievement, both at the provincial and national levels.

# IslesinActionJanuary/February

Sunday January 14	Men's Basketball vs Montmorency	John Abbott
Friday January 19	Men's Basketball vs St-Lambert	John Abbott
	Women's Basketball vs Heritage	John Abbott
	Swimming	Vieux Montreal
Saturday January 20	Hockey vs Rimouski	Mac Arena
Sunday January 21	Men's Basketball vs Ste-Foy	John Abbott
Friday January 26	Men's Basketball vs Brebeuf	College Jean-de-Brebeuf
	Women's Basketball vs St-Jean	John Abbott
	Hockey vs St-Laurent	Cegep St-Laurent
Friday February 2	Men's Basketball vs Dawson	John Abbott
Friday February 9	Men's Basketball vs Edouard Montpetit	John Abbott
	Hockey vs Limoilou	Mac Arena
	Swimming	Marie Victorin
Sunday February 11	Women's Basketball vs Montmorency	College Monmorency
	Hockey vs Lionel Groulx	College Lionel Groulx
Friday February 16	Women's Basketball vs Dawson	John Abbott
Sunday February 18	Men's Basketball vs Outaouais	Cegep Outaouais
	Women's Basketball vs Outaouais	Cegep Outaouais
	Hockey vs Limoilou	Arpidrome
Friday February 23	Men's Basketball vs Vanier	Vanier College
	Women's Basketball vs Ahuntsic	College Ahuntsic
Saturday February 24	Cheerleading	Centre Sportif Alphonse-Desjardins
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#### Swim team still undefeated in combined meets

The men faced a tougher challenge but still prevailed over Outaouais 380 to 347. The women finished second with 277.5 points to St Jerome's 298. Combined the Isles easily beat Outaouais by 192.5 points.



#### Hockey wins with another shutout

Aube Racine stopped all 15 shots by St Laurent en route to a 4-0 win. First period goals by Juliana Classen (6) and Hailey Burns (11) set the tone of the game. Kim Menard (3) had a power play marker in the second and Sara Levesque (6) rounded out the scoring in the third. Racine's shutout (5) and win (11) keep her at the top of league standings in both categories. The defence has been playing well recently and will now get a boost with the return of veteran Cassidy Peck from injury.



#### Men's Basketball vault into playoff contention

After the weekend's results the Isles now find themselves in 5th place in the league. On Friday night they hosted Champlain St-Lambert and came away with an easy 81-66 victory. Nine players found the scoresheet led by Rupert Edwards Jr with 26 points and Tyrell Lamar Williams with 17.

On Sunday the Ste Foy Dynamiques came to town and put up a good fight but the Isles still prevailed 78-75. Ste Foy jumped out to a 9-4 lead, but 16 first half points from Terrell Shaw-Campbell put the Isles in front to stay. Shaw-Campbell finished with 24 points while Edwards and Adam Pace hit double digits with 16 and 14 respectively.

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## NEW YORK CITY SPRINGBREAK TRIP DEADLINE WEDNESDAY JANUARY 31

For only \$365, you can be in the City that never sleeps! The Big Apple awaits you. Pick up an info sheet in Student Activities. Secure a space by registering online and paying a \$150 deposit.

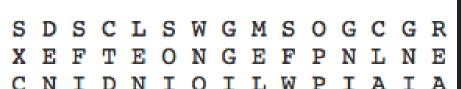


Price includes 3 days, 2 nights at the Edison Hotel - 4/room (8 minute walk to Times Square), 4 hour city tour, transportation by deluxe bus, and bus guide.

To register or get information, go to: http://www.voyageschartier.com newyorkstudentgroup

# CROSSWORD

Underneith are 22 words that are related to school and can be found in this cross word puzzle. Good Luck



ACADEMICS	GRADUATING
ACTIVITIES	GYM
ASSIGNMENTS	HUMANITIES
CLASSES	LEARNING
CLASSROOM	OPPORTUNITIES
CREATING	READING
EDUCATION	SCHOOL
ENGLISH	SPORTS
EXAMS	STUDENTS
FRENCH	TEACHING
GRADES	WRITING

Go to www.johnabbott\_crossword/solutions.com for the solutions.

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Η	S	С	Ι	М	Е	D	Α	С	Α	Т	G	Х	Y	R	
$\mathbf{E}$	D	U	С	Α	Т	Ι	0	Ν	J	Ι	L	Α	М	0	
Κ	С	R	$\mathbf{E}$	Α	Т	Ι	Ν	G	Ν	Е	Ν	V	H	Ρ	
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$\mathbf{Z}$	F	G	R	R	в	С	E	G	J	Е	A	Q	М	Κ	