

History

The Canadian Centre on Substance Abuse recently celebrated 25 years of active effort to help people across the nation and even around the globe who suffer from addiction. It was founded in 1988 by an act of parliament, bill C-143, with an all-party support. The organization published its first official report, entitled "An Overview of Youth-Oriented Prevention Programmes* in European Countries", in July of 1990. In 1991, the CCSA co-sponsored their first ever North-American meeting of the International Council on Alcohol and Addictions. This led to more exposure, resulting in more collaborations and seminars. This organization has partnered with many big organizations including the United Nations, and even held their own General Assembly where 24 countries teamed up to create a report which was read to the Secretary General. The CCSA helped organize the first ever world forum on drugs and dependencies, which took place right here in Montreal. Today, the renowned organization has continued to thrive and create partnerships around the globe, and has even held its own signature conferences, such as « issues of substances », which will take place for the 5th time in history this year.

Mission Statement

To face the issues involved with the excessive substance use in Canada by leading by example and promoting research and facts to guide decision makers and the general population towards taking appropriate action.



continuing care. Everyone's journey to recovery is different, but with collaboration and effort on everyone's part, we can strive towards a better, healthier Canadian nation.



Statistics

According to the Canadian Community Health Survey, held in 2012, approximately 1.4 million Canadians, or 4.4% of the Canadian population, met the criteria for a substance use disorder. According to a 2002 study on the proportions of crimes associated with alcohol and other drugs in Canada, more than half (54%) of law offenders entering the prison system admitted to having been under the influence of a psychoactive substance while committing the most serious crime of their sentence. Alcohol intoxication accounted for 24%, as opposed to drug intoxication, which consisted of only 19% in comparison.



Our focus: Recovery

In 2017, the CCSA published "Moving Toward a Recovery-Oriented System of Care" A Resource for recovery service providers and high profile decision makers to know what steps to take in order to move towards recovery in Canada

- From Addiction to **Alcohol**
- From Addiction to **Marijuana**
- From Addiction to **Prescription Drugs**
- From Addiction to **Gambling**

The issue of Addiction is a disease that affects all of Canada, healthwise and economically. The process of recovery is a slow but crucial one, where it is important for individuals to be aware that it is a real, attainable and sustainable goal, and that there are people, may it be concerned individuals, families, the workplace or the community, who are there to support victims in need. Active recovery resources are free of stigma and discrimination, and are based on collaborative effort. There are many services in place that employ efficient techniques such as early identification and intervention, outreach, specialized treatment, peer support, mutual aid, relapse prevention and -



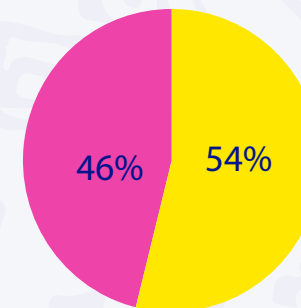
Source: "The Cost of Substance Abuse in Canada" // 2002 study

The study estimated the total societal cost of substance use to be \$39.8 billion or \$1,267 for every Canadian.

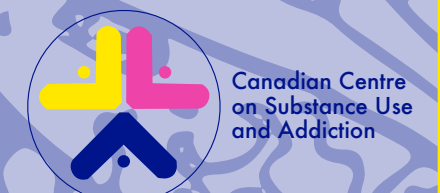
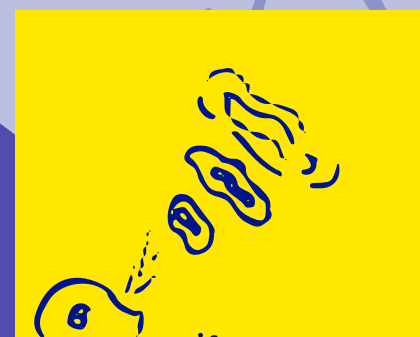
The study also revealed that: Legal substances (tobacco and alcohol) account for 79.3% of the total cost of substance use:

Tobacco accounts for 42.7% (\$17 billion)
 Alcohol accounts for 36.6% (\$14.6 billion)
 Illegal drugs account for 20.7% (\$8.2 billion).

INMATES WHO ADMITTED TO COMMITTING THEIR MOST SEVERE CRIME OF THEIR PUNISHMENT WHILE UNDER THE INFLUENCES OF DRUGS

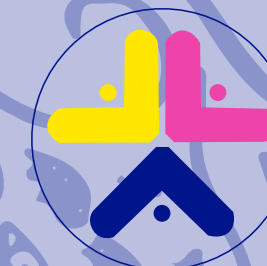


Legend:
 Yellow: Inmates who admitted committing their most serious crimes under the influences of drugs
 Pink: Inmates who admitted to committing their most serious crimes under the influences of drugs





Canadian Centre
on Substance Use
and addiction



Canadian Centre
on Substance Use
and Addiction